

6. Bachelor of Christian Studies in Christian Counseling (BCS-CC)

This program can also be completed by taking courses solely in the evening and Saturday.

a. Program Goals

The Bachelor of Christian Studies in Christian Counseling degree program aims to provide a foundational theological training program for lay leaders with an emphasis on Christian Counseling. It is designed to nurture and equip Christians to become a companion counselor or a professional counselor. This program highlights blending elements of Christianity and spiritual direction into counseling theories and practices. Experiential learning like personal growth, spiritual formation, communal interaction, counseling practicum and others equips students to become Christian counselors of high quality to establish and develop a caring ministry of Christian counseling service.

After completion, students would acquire: i) solid biblical and theological knowledge; ii) enhancement of personal growth to help themselves and others to own healthier body, mind and soul to walk with themselves, others and God; iii) mastery and application of the Christianity and Spiritual Direction on counseling theories and practices; iv) an understanding the psychology and spiritual needs of various serving population across different phases of life; v) an understanding of various critical issues in counseling including but not limited to mental health, culture, research and assessment for counseling; vi) mastery and application of the Christian counseling ethics code in practice; vii) application of what have learned to counseling, caring or related ministry.

b. Requirements for Admission

Admission requirements shall include: i) six years of secondary school studies or equivalent (an applicant who completed five years of secondary school studies may be admitted to the program with the requirement of taking an extra 18 credits, the additional credits may also be exempted by other recognized academic study or working experience); ii) baptized Christian; iii) mission on caring ministry; and iv) proof of the academic ability to engage in theological study. For application, see VII. Enrollment Procedures.

c. Program Content

i) Biblical Theology	credits
Core Courses	
OT1000 Introduction to the Old Testament	3
NT1000 Introduction to the New Testament	3
Guided Electives	
1 course on OT	3
1 course on NT	3
Electives (1 course)	3
subtotal	15

ii) Systematic Theology	credits
Core Courses	
CT1000 Introduction to Christian Ethics	3
DM2009 Dogmatics (Module A)	3
Guided Electives	
1 course on CH/HT	3
Electives (2 courses)	6
subtotal	15
iii) Practical Theology	credits
Guided Electives	
1 course on LD	3
1 course on DK	3
1 course on CE	3
1 course on SW	3
1 course on WL	3
1 course on MC	3
subtotal	18
iv) Area of Emphasis: Christian Counseling (CP)*¹	credits
Core Courses	
CP2011 Essential Counseling Skills	3
CP2012 Theories and Practice in Group Counseling	3
CP2034 Cognitive Behavioral Therapy	3
CP2035 Satir Transformational Systemic Therapy	3
CP2036 Counseling Theories and Practices	3
CP2037/CT2007 Counseling Ethics and Culture	3
CP2043/SW2046 Developmental Psychology and Spiritual Growth	3
CP3016 Research and Assessment for Counseling	3
Experiential Courses	
CP2017/PT2052 Personal Growth	3
CP2039 Experiential Process in Counseling	5
subtotal	32
v) Academic and Integrated Studies	credits
Core Course	
IS1000 Workshop on Academic Writing	1

vi) Practical Training*² credits

Core Courses

- CP2040 Counseling Practice: Cognitive Behavioral Therapy (1 credit); or
 CP2041 Counseling Practice: Essential Counseling Skill (1 credit); or
 CP2042 Counseling Practice: Satir Model (1 credit); or
 CP3019 Group Counseling Practicum (1 credit); or
 CP3028 Companion Counseling Practicum I (1 credit); or
 CP3024-3025 Professional Counseling Practicum I & II (2 credits)

subtotal	3
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vii) Free Electives credits

12 courses	36
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Total Credits Required for Graduation	120
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*¹ Under special circumstances, a student may take courses out of the above list with the approval of the adviser in advance.

*² Counseling practicum will be started only after finishing the required counseling courses, or it may also be substituted by guided electives on Counseling, both with the permission of the adviser. Students are required to pay extra fees for practicum supervision apart from the tuition (charges according to the scale of related institutes).

d. Credits

Full-time students in the BCS-CC program normally take a maximum of 21 credits in each semester.

Conditions	Credit Exemption
i) graduate of certificate or diploma programs in the Theological Education by Extension	a maximum of half of the earned credits with a grade of 'B+' or above
ii) student with an Associate of Christian Studies degree which is commenced by LTS	a maximum of 45 credits
iii) graduate of a recognized higher diploma or advanced diploma or associate degree (program should complete at least 66 credits for graduation)	a maximum of 39 credits
iv) graduate of the Foundation Certificate in Christian Counseling in the Companion LeShalom Centre	a maximum of 6 credits for the core courses CP2017/PT2052 Personal Growth and CP2011 Essential Counseling Skills

e. Duration

This program requires three academic years if taking courses at all times; six academic years if taking evening and Saturday courses only. The time allowed for completion of the program may not exceed nine years.

f. Requirements for Graduation

- i) Students must complete the program requirements with a GPA of 2.50 or above; and
- ii) pass the final assessment exam if professional counseling practicum is included; and
- iii) satisfactorily meet the standard or requirements of LTS.
- iv) The graduation diploma will be shown as Theoretical Based, Professional Practicum, or Companion Practicum for different schemes.

g. Further Study

If a BCS-CC program student wishes to apply for the Bachelor of Theology (BTH) program at LTS with or without applying for the conferral of the degree, a maximum of 33 credits could be accredited toward that degree. A new letter of recommendation from the student's congregation (signed by the minister-in-charge) and interviews are required.

If a BCS-CC degree holder continues to study for the Master of Divinity (MDIV) at LTS, a maximum of 24 credits can be exempted. If he/she continues to study for the Master of Arts in Christian Counseling (MA-CC) at LTS, a maximum of 18 credits can be exempted.